



2020-2021

HCSA Information

A.L. Fortune Secondary
Hockey Canada Skills Academy



2020-2021 Student Expectations, Deposit and Jersey Order Form

NAME: _____

The A.L. Fortune Hockey Canada Skills Academy runs during Semester One - September to January. All levels of hockey skill welcome from beginner to rep players. Students will receive approximately 70 hours of quality ice time.

The A.L. Fortune Hockey Canada Skills Academy is committed to providing the best possible experience for our hockey players. We have the following objectives and expectations:

1. We will keep the Hockey Academy numbers at an optimal level to maximize the opportunity to actively learn and minimize the time spent waiting. This number is approximately 20 skaters plus goalies. Male and female athletes are welcome!

-This year we are also looking to make ONE of our ices dedicated to "Sr.'s" only and ONE ice time a week dedicated to "Jr.'s" only. This will create a smaller group of skaters and allow for more individually focused skill development drills. Note that all players will still have 3 Ice Sessions per week.

2. We expect the players to be fully committed to the program and who:

- Attend regularly
- Are cooperative learners who work well with others
- Are coachable
- Have a strong work ethic
- Have a desire to become better hockey players, athletes and people
- Who fulfill all of their responsibilities as a student of A.L. Fortune (respectful, passing grades, punctual, regular attendance,...)

FUTHER INFORMATION

The 2020-2021 A.L. Fortune Hockey Academy includes the following:

1. Ice Times:

- Three one and a half hour ice times each week
- Monday 10:45-12:15, Wednesday 9:15-10:45 and Friday 10:45-12:15

* We are looking to add another ice session for “Jr.’s” only. Possibly Tuesday or Thursday afternoon. Due to Covid-19, the Enderby staff is currently laid off so we will confirm as soon as possible. This would mean that the Jr.’s would **not** attend the Wednesday ice session, making that a **“Sr.’s” only** ice time.*

- Hockey Canada certified drills and instruction

2. Off-ice Training

- One hour of off-ice training during off ice days
- This will include conditioning, hockey skills training, mental skills training, floorball and weights

3. One-Ice Training

- Will include testing skills at least two times a year
- Controlled scrimmage time
- Variety of passing, shooting, puck handling and skating skill drills
- Time allotted for goalie specific instruction
- Time allotted for individual skill development with on ice instructors.
- Guest instructors

DEPOSIT

The cost of the 2020-2021 A.L. Fortune Hockey Academy will remain at **\$350** for the eighth consecutive year! A deposit of **\$150** must be paid to the school office by Friday June 24, to reserve your spot in the program.

Students in our program must wear an A.L. Fortune Hockey Academy Jersey during all ice sessions. This year all students will receive a **COMPLIMENTARY** Hockey Academy Jersey!

Jersey size: S M L XL XXL

Number: _____

Thank you for your interest in our Hockey Canada Skills Academy. If you have further questions regarding our Academy, please contact Principal Scott Anderson, or the Head Instructor Daniel Derksen.

Daniel Derksen
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